POWER PILATES
THE STANDARD IN PILATES EDUCATION

Power Pilates @ Equinox

10960 Wilshire Blvd. Westwood, CA 310-954-8950

MAT & TOWER CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00 am – 9:00am **Pilates Mat Class** Eric Valdes		8:00 am – 9:00am **Pilates Mat Class** Abey Helfrich		8:00 am – 9:00am **Pilates Mat Class** Mark Komlos		

FOR PILATES **SCHEDULE**

*****24 hr cancellation policy*****

Apr-07